



REPUBLIC OF THE PHILIPPINES  
REGIONAL DEVELOPMENT COUNCIL  
CORDILLERA ADMINISTRATIVE REGION

Botanical Garden, Leonard Wood Road, 2600 Baguio City  
Tel./Fax No. (074) 442-3232 \*\*\* email: car@neda.gov.ph ; neda\_cordillera@yahoo.com

**RSDC - CAR Resolution No. 2, series of 2019**

**ENCOURAGING ALL LOCAL GOVERNMENT UNITS (LGUs) TO ADVOCATE, SUPPORT,  
AND MONITOR THE ESTABLISHMENT OF FOOD GARDENS IN ALL  
CHILD DEVELOPMENT CENTERS**

**WHEREAS**, there are about 2,089 Child Development Centers in the Cordillera Administrative Region catering to the human development concerns of children as part of the national government's commitment and support to the role of Day Care Service in the development of children's well-being;

**WHEREAS**, one of the objectives of social development is to achieve improved infant and child survival rates by ensuring that adequate health and nutrition programs are accessible to young children and their parents;

**WHEREAS**, the 8<sup>th</sup> National Nutrition Survey (NNS) revealed that consumption of fruits and vegetables have decreased among Filipinos from 249 grams per day in 1978 to 160 grams per day in 2015; the NNS also showed that there is a significant increase of overweight and obese individuals across all age groups with the prevalence of overweight among under five children, increasing from 2.4 percent in 2003 to 5 percent in 2013;

**WHEREAS**, eating behaviors are believed to develop through social learning throughout childhood and the good eating habits children pick up when they are young help them maintain a healthy lifestyle when they are adults;

**WHEREAS**, involving the children in the raising, harvesting and preparation of backyard gardens will be beneficial in increasing their appreciation of fruits and vegetables and provides a moment of experiential learning and of creating memories that teaches them the essence of health and nutrition and contribute to their holistic growth and development;

**WHEREAS**, backyard gardening is a cost-effective, long-term solution to increased fruit and vegetable supply and that children can consume fruits and vegetables that have higher nutrient content since fresh;

**WHEREAS**, backyard gardening offers the opportunity to control the amount of pesticides that is used making them safer for consumption and can foster a great sense of community spirit through parent to parent connections, teacher to student or student to student interactions;

**NOW THEREFORE, ON MOTION DULY SECONDED, BE IT RESOLVED, AS IT IS HEREBY RESOLVED**, that the Regional Social Development Committee (RSDC) encourages all Local Government Units to advocate, support, and monitor the establishment of food gardens in all child development centers;

*Mr. Karl*

*Ap*



The round metal gong of the Cordillera known locally as "gangsa" is a symbol of the upland people's culture that has been passed on from generations to another. The profile of a person blowing a "tangguyob" represents a community being called for an important matter or action. The lines that shape the mountains, the rice terraces, clouds and rivers symbolize the connectivity and flow of human interaction in a geographic area such as the Cordillera.



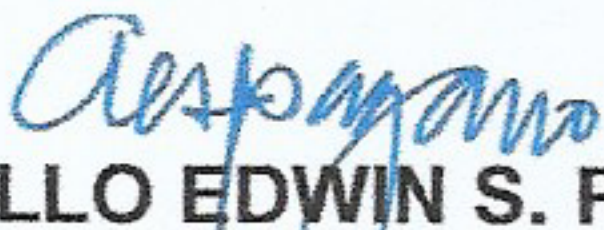


**RESOLVED FURTHER**, that the Department of Social Welfare and Development – Cordillera Administrative Region (DSWD-CAR) includes in their monitoring reports the number of child development centers with backyard food gardens and furnish this to Regional Nutrition Council-CAR;

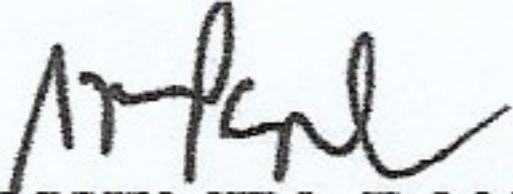
**RESOLVED FURTHERMORE**, that copies of this resolution be furnished to the Regional Implementation Coordination Team for information and appropriate action.

**UNANIMOUSLY** approved this 26<sup>th</sup> day of March 2019 in Baguio City.

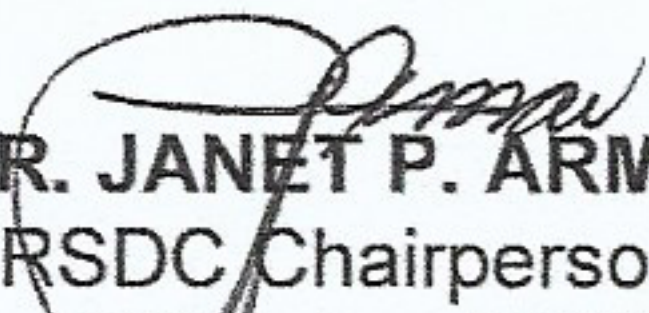
Certified True and Correct:

  
**APOLLO EDWIN S. PAGANO**  
RSDC Secretariat  
Chief, Development Research Division, NEDA-CAR

Attested:

  
**DIR. AMELITA PANGILINAN, MD, MPH, CESO IV**  
RSDC Vice Chairperson  
OIC-Regional Director, DOH-CHD-CAR

Approved by:

  
**DIR. JANET P. ARMAS**  
RSDC Chairperson  
Regional Director, DSWD-CAR